



Discover Recovery from **BACK PAIN**

NON-SURGICAL SPINE
REGENERATION



A part of



TONIK ASIA
Group

**Dedicated Back And Knee
Specialists**

Transforming lives through integrative healing

www.tags.my

TAGS® Specialists

Dedicated centers of excellence for back and knee conditions.

At **TAGS**, our philosophy is simple:

We always consider non surgical solutions first.

At **TAGS**, surgery is always the last option for our patients.

Natural recovery and your safety... is our top priority.

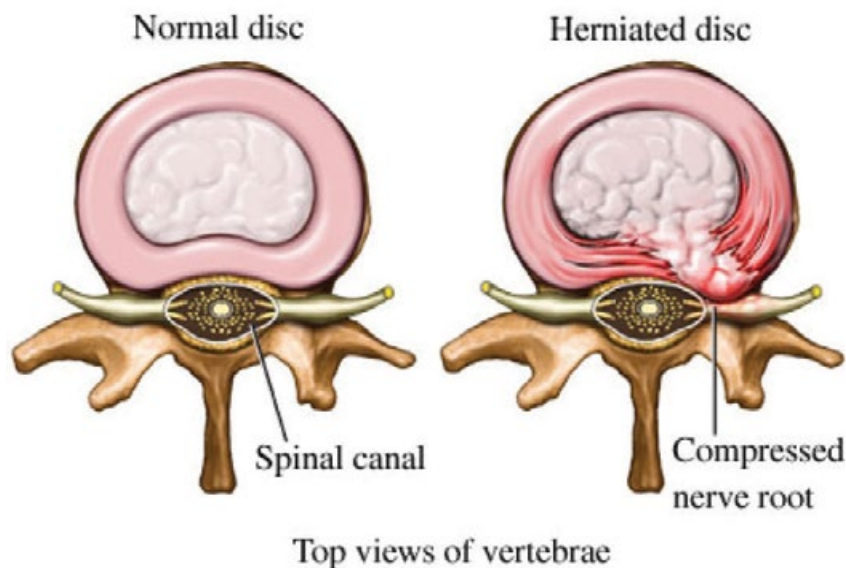


Regenerate Your Spine... Without Surgery

Our program combines the ultimate in non-surgical expertise, researched technologies and innovation to optimize a natural recovery from symptomatic disc degeneration of the neck and lower back. It's effective, affordable and best of all risk free!

What is disc degeneration, slipped disc, pinched nerve, sciatica, spondylosis?

As we age some of the cushions between the bones in our spine, called discs, dehydrate, crack and bulge. This commonly occurs in the neck or lower back. Some of these bulges are big enough to put pressure on the spinal cord and nerves, often causing pain, tingling and/or numbness in either the arms or legs when severe. Once a disc bulge is big enough to cause any of these symptoms, it requires immediate treatment to stop it from damaging the nerve permanently.



Our system includes:



Spinal Decompression Therapy

SPINAL DECOMPRESSION THERAPY:

Spinal Decompression Traction Therapy is an effective non surgical technology that is used to reposition and rehydrate degenerated discs. With success rates over 80% it is usually our first line of treatment.



Chiropractic

CHIROPRACTIC:

Chiropractors correct the alignment of the spine through gentle and specific joint manipulations called adjustments to improve spinal flexibility and reduce pain.



Laser Therapy

LASER THERAPY:

State of the art Cold Laser Therapy is used to dramatically improve the rate of healing of the damaged tissues, by increasing blood flow whilst reducing inflammation, swelling and muscle spasm.



Personalized Rehabilitation

PERSONALIZED REHABILITATION:

Specific exercises to strengthen the weak muscles supporting the spine, helping to increase flexibility and balance and improve overall spine function.



Home Care Products

HOME CARE PRODUCTS:

Specific home care products to further facilitate healing and the recovery process.



before



after



Spinal Decompression Therapy

The “before” MRI shows a slipped L4/5 lumbar disc.

(The large round black protrusion) The disc is compressing the spinal canal & nerves.

The “after” MRI shows the same disc after spinal decompression treatment (The shape is more normal like that of the other discs).

The canal is now open with no more compression. The posture has also improved due to less muscle spasm.

Why is Our System so Effective?

Our Spinal Recovery System:

1. Strengthens weak muscles
2. Improves alignment
3. Decompresses and rehydrates the disc

Only once the above 3 factors have been addressed, will you be able to discover long term recovery from back pain and degenerative disc conditions.

DISCOVER RECOVERY WITH TAGS.